



1
00:00:02,810 --> 00:00:01,490
glad you said my name is Julie by shal

2
00:00:05,150 --> 00:00:02,820
I'm director of research at the wind

3
00:00:08,150 --> 00:00:05,160
bridge Institute and we're an

4
00:00:10,549 --> 00:00:08,160
independent research organization and so

5
00:00:13,610 --> 00:00:10,559
we we've we're about a year and a half

6
00:00:16,609 --> 00:00:13,620
old we've received a couple of small

7
00:00:20,779 --> 00:00:16,619
grants but we rely heavily on the public

8
00:00:22,429 --> 00:00:20,789
member support my PhD is in pharmacology

9
00:00:24,529 --> 00:00:22,439
and toxicology with a minor in

10
00:00:26,929 --> 00:00:24,539
microbiology and immunology so you can

11
00:00:31,400 --> 00:00:26,939
see how that clearly led right into a

12
00:00:34,040 --> 00:00:31,410
mediumship research and I I often get

13
00:00:36,110 --> 00:00:34,050

the question how how did I get from

14

00:00:38,810 --> 00:00:36,120

there to here and the short answer is I

15

00:00:40,010 --> 00:00:38,820

suffered a personal loss and wondered

16

00:00:43,910 --> 00:00:40,020

what science had to say about the

17

00:00:46,160 --> 00:00:43,920

afterlife and there not a whole lot was

18

00:00:49,010 --> 00:00:46,170

the answer and so I decided to answer my

19

00:00:52,069 --> 00:00:49,020

own questions and that's what led me

20

00:00:53,900 --> 00:00:52,079

here so a twin bridge this is our

21

00:00:55,670 --> 00:00:53,910

mission we investigate the capabilities

22

00:00:57,319 --> 00:00:55,680

of our bodies minds and spirits and how

23

00:01:01,369 --> 00:00:57,329

that and information Confessor of all

24

00:01:02,779 --> 00:01:01,379

living things the main focus of our

25

00:01:04,490 --> 00:01:02,789

research right now again we're just a

26

00:01:07,100 --> 00:01:04,500

year and a half old is the survival of

27

00:01:09,350 --> 00:01:07,110

consciousness and we use that word

28

00:01:11,770 --> 00:01:09,360

consciousness it's been defined a lot of

29

00:01:14,690 --> 00:01:11,780

different ways here this week to mean

30

00:01:17,660 --> 00:01:14,700

what we know when I think of me it's the

31

00:01:19,550 --> 00:01:17,670

me the self is how we're we're talking

32

00:01:21,859 --> 00:01:19,560

about consciousness so we investigate

33

00:01:24,890 --> 00:01:21,869

survival of consciousness and three main

34

00:01:27,380 --> 00:01:24,900

ways we work with mediums people who

35

00:01:31,100 --> 00:01:27,390

claim to talk to the dead we investigate

36

00:01:35,450 --> 00:01:31,110

allegedly haunted locations and we use

37

00:01:37,819 --> 00:01:35,460

we are looking into how technology can

38

00:01:40,550 --> 00:01:37,829

be used to interact with detect

39

00:01:41,840 --> 00:01:40,560

communicate with the deceased etc so

40

00:01:44,149 --> 00:01:41,850

today I'm just going to be talking about

41

00:01:47,810 --> 00:01:44,159

mediumship but we do all three of those

42

00:01:51,710 --> 00:01:47,820

things at one bridge so no doubt you've

43

00:01:54,139 --> 00:01:51,720

seen lots of mediums and such on TV and

44

00:01:56,840 --> 00:01:54,149

in the movies and it's it's very popular

45

00:01:59,600 --> 00:01:56,850

these days but the truth is people have

46

00:02:01,459 --> 00:01:59,610

been investigating mediumship some very

47

00:02:03,770 --> 00:02:01,469

very intelligent people have been

48

00:02:07,160 --> 00:02:03,780

investigating mediumship for well over a

49

00:02:10,639 --> 00:02:07,170

hundred years and if you're interested

50

00:02:11,870 --> 00:02:10,649

in this topic I highly recommend this

51

00:02:13,910 --> 00:02:11,880

book ghost town

52

00:02:16,040 --> 00:02:13,920

it's called by a Pulitzer prize-winning

53

00:02:17,750 --> 00:02:16,050

journalist deborah blum and it talks

54

00:02:19,580 --> 00:02:17,760

about the the beginnings of the

55

00:02:23,840 --> 00:02:19,590

societies for psychical research and

56

00:02:25,970 --> 00:02:23,850

their investigation of of mediums at the

57

00:02:27,950 --> 00:02:25,980

turn of the century so after a hundred

58

00:02:30,380 --> 00:02:27,960

years of mediumship research what we can

59

00:02:32,810 --> 00:02:30,390

conclude is what we call anomalous

60

00:02:35,720 --> 00:02:32,820

information reception so that's the

61

00:02:37,640 --> 00:02:35,730

theory that certain mediums can report

62

00:02:40,880 --> 00:02:37,650

accurate and specific information about

63

00:02:42,560 --> 00:02:40,890

the deceased loved loved ones excuse me

64

00:02:45,380 --> 00:02:42,570

who we call discarnates

65

00:02:47,840 --> 00:02:45,390

so not embodied cannot means flesh so

66

00:02:51,980 --> 00:02:47,850

not in the flesh the they can report

67

00:02:53,660 --> 00:02:51,990

information about the disc arnott's the

68

00:02:56,150 --> 00:02:53,670

loved ones of living people who the

69

00:02:57,920 --> 00:02:56,160

living people we call sitters without

70

00:03:00,380 --> 00:02:57,930

any prior knowledge about the disc on

71

00:03:03,050 --> 00:03:00,390

its or the sitters without using

72

00:03:05,540 --> 00:03:03,060

deception or fraud and with no feedback

73

00:03:08,390 --> 00:03:05,550

during the reading so they're reporting

74

00:03:09,770 --> 00:03:08,400

this information and it's accurate but

75

00:03:13,370 --> 00:03:09,780

we don't know where it comes from so

76

00:03:15,560 --> 00:03:13,380

it's anomalous this source so if if

77

00:03:17,450 --> 00:03:15,570

we've established that in the last

78

00:03:19,910 --> 00:03:17,460

hundred years why should we do

79

00:03:20,690 --> 00:03:19,920

mediumship research today so for a

80

00:03:24,380 --> 00:03:20,700

number of reasons

81

00:03:26,630 --> 00:03:24,390

today's mediums use an entirely through

82

00:03:28,550 --> 00:03:26,640

process than the medium studied at the

83

00:03:30,860 --> 00:03:28,560

beginning of the societies for psychical

84

00:03:34,040 --> 00:03:30,870

research those mediums were usually

85

00:03:36,740 --> 00:03:34,050

trance mediums they were basically

86

00:03:39,680 --> 00:03:36,750

unconscious during the readings and the

87

00:03:42,050 --> 00:03:39,690

entity took over the mediums body and

88

00:03:43,850 --> 00:03:42,060

used her voice to give the reading and

89

00:03:46,070 --> 00:03:43,860

she had no recollection of the reading

90

00:03:48,620 --> 00:03:46,080

after it was over our mediums that we

91

00:03:53,780 --> 00:03:48,630

use today we refer to as mental mediums

92

00:03:56,930 --> 00:03:53,790

and they remain awake and aware during

93

00:03:59,690 --> 00:03:56,940

the reading and have have a memory of

94

00:04:01,699 --> 00:03:59,700

that it happened the other thing is the

95

00:04:02,590 --> 00:04:01,709

the mediums that were studied in the

96

00:04:05,720 --> 00:04:02,600

past we're often

97

00:04:08,060 --> 00:04:05,730

spiritualist mediums and I refer to our

98

00:04:10,310 --> 00:04:08,070

meetings as nondenominational there's

99

00:04:13,430 --> 00:04:10,320

not a belief system associated with what

100

00:04:15,320 --> 00:04:13,440

they do also we're able to use more

101
00:04:18,470 --> 00:04:15,330
sophisticated and rigorous methods today

102
00:04:19,849 --> 00:04:18,480
than than a hundred years ago and there

103
00:04:21,830 --> 00:04:19,859
are important scientific and social

104
00:04:23,450 --> 00:04:21,840
implications for what we can find from

105
00:04:24,920 --> 00:04:23,460
this research for example it speaks

106
00:04:26,480 --> 00:04:24,930
directly to

107
00:04:29,180 --> 00:04:26,490
this question we've been talking a lot

108
00:04:31,010 --> 00:04:29,190
about this week the relationship between

109
00:04:33,320 --> 00:04:31,020
the mind or consciousness in the brain

110
00:04:35,689 --> 00:04:33,330
you know we've talked there's a lot of

111
00:04:37,610 --> 00:04:35,699
argument and consciousness research

112
00:04:40,790 --> 00:04:37,620
about where in the brain consciousness

113
00:04:42,770 --> 00:04:40,800

happens but survival and mediumship

114

00:04:45,830 --> 00:04:42,780

research imply it doesn't happen in the

115

00:04:48,620 --> 00:04:45,840

brain at all so it's it was it addresses

116

00:04:50,810 --> 00:04:48,630

that question specifically mediums might

117

00:04:52,730 --> 00:04:50,820

be able to perform socially useful tasks

118

00:04:54,499 --> 00:04:52,740

what if they can find missing persons

119

00:04:56,510 --> 00:04:54,509

what if they can contribute to criminal

120

00:04:58,339 --> 00:04:56,520

investigations we need to be able to

121

00:05:01,400 --> 00:04:58,349

understand how they're doing what

122

00:05:04,610 --> 00:05:01,410

they're doing in order to take advantage

123

00:05:07,700 --> 00:05:04,620

of that the dead might have wisdom to

124

00:05:09,379 --> 00:05:07,710

share with us that can help us address

125

00:05:14,089 --> 00:05:09,389

the problems of society and technology

126

00:05:17,480 --> 00:05:14,099

and that sort of thing evidence for an

127

00:05:19,640 --> 00:05:17,490

afterlife may be very comforting to

128

00:05:22,879 --> 00:05:19,650

hospice patients and their family you

129

00:05:24,830 --> 00:05:22,889

know I I say religion may comfort some

130

00:05:27,920 --> 00:05:24,840

people but science is going to be what

131

00:05:31,330 --> 00:05:27,930

comforts me at the end so and I assume

132

00:05:34,430 --> 00:05:31,340

there are other people like me out there

133

00:05:36,710 --> 00:05:34,440

evidence for life after death will also

134

00:05:38,719 --> 00:05:36,720

drastically change allopathic health

135

00:05:40,939 --> 00:05:38,729

care if we can convince allopathic

136

00:05:42,529 --> 00:05:40,949

physicians that death is just a

137

00:05:44,029 --> 00:05:42,539

transition and not the end it's not a

138

00:05:46,909 --> 00:05:44,039

failure

139

00:05:49,210 --> 00:05:46,919

we all die it's they didn't do anything

140

00:05:53,029 --> 00:05:49,220

wrong when a patient dies people die

141

00:05:56,330 --> 00:05:53,039

then we can we can make that transition

142

00:05:58,730 --> 00:05:56,340

easier for patients and I constantly

143

00:06:01,159 --> 00:05:58,740

lament the fact that we train our

144

00:06:03,860 --> 00:06:01,169

mothers to no end about how to give

145

00:06:06,529 --> 00:06:03,870

birth but we don't tell anybody how to

146

00:06:08,899 --> 00:06:06,539

die and there's lots we know about death

147

00:06:10,370 --> 00:06:08,909

and and it's process and so that's one

148

00:06:14,450 --> 00:06:10,380

of the the things that we're interested

149

00:06:18,290 --> 00:06:14,460

in is is making a change in in that

150

00:06:20,600 --> 00:06:18,300

policy in health care and then people

151
00:06:24,409 --> 00:06:20,610
who receive mediumship readings report

152
00:06:26,570 --> 00:06:24,419
feeling better so this may be mediumship

153
00:06:28,310 --> 00:06:26,580
readings may be a therapy that may be

154
00:06:30,700 --> 00:06:28,320
useful in grief counseling and I'm going

155
00:06:34,399 --> 00:06:30,710
to talk some more about that specific

156
00:06:36,279 --> 00:06:34,409
topic in a little while so how do we

157
00:06:38,420 --> 00:06:36,289
bring mediumship into the laboratory

158
00:06:40,810 --> 00:06:38,430
colored liquid in the test tube

159
00:06:42,560 --> 00:06:40,820
International symbol for laboratory

160
00:06:44,450 --> 00:06:42,570
there I've worked in lots of

161
00:06:47,900 --> 00:06:44,460
laboratories and I've never seen colored

162
00:06:52,670 --> 00:06:47,910
liquid anywhere all clear

163
00:06:54,560 --> 00:06:52,680

everything's clear so how do we bring

164

00:06:56,510 --> 00:06:54,570

mediums into the laboratory how do we

165

00:07:00,350 --> 00:06:56,520

get them out from behind their crystal

166

00:07:02,450 --> 00:07:00,360

balls and into the lab these are mediums

167

00:07:04,040 --> 00:07:02,460

they don't use crystal balls if you saw

168

00:07:06,560 --> 00:07:04,050

them in the grocery store you would

169

00:07:10,730 --> 00:07:06,570

never know they were mediums they're

170

00:07:13,100 --> 00:07:10,740

just normal you know moms and your

171

00:07:15,650 --> 00:07:13,110

neighbor and they're just regular people

172

00:07:18,410 --> 00:07:15,660

who happen to experience communication

173

00:07:20,180 --> 00:07:18,420

with the deceased so a twin broods our

174

00:07:22,580 --> 00:07:20,190

mediumship research has three main legs

175

00:07:24,440 --> 00:07:22,590

proof focus research process focus

176

00:07:25,820 --> 00:07:24,450

research and applied research and I'll

177

00:07:28,190 --> 00:07:25,830

talk about each of those in turn

178

00:07:30,320 --> 00:07:28,200

oh I included some comics so that I

179

00:07:32,360 --> 00:07:30,330

remember to get a drink otherwise I get

180

00:07:38,340 --> 00:07:32,370

cottonmouth Frog voice and no one with

181

00:07:45,180 --> 00:07:42,270

notice the crystal ball international

182

00:07:47,670 --> 00:07:45,190

symbol for medium like this so proof

183

00:07:50,970 --> 00:07:47,680

focus research is research directly

184

00:07:54,810 --> 00:07:50,980

intended to gather evidence either for

185

00:07:56,610 --> 00:07:54,820

or against testing a mediums claim that

186

00:08:00,090 --> 00:07:56,620

they can report after and specific

187

00:08:02,580 --> 00:08:00,100

information about the deceased to do

188

00:08:04,950 --> 00:08:02,590

that we want to make sure we include two

189

00:08:07,020 --> 00:08:04,960

equally important factors the first is a

190

00:08:08,990 --> 00:08:07,030

research environment that optimizes the

191

00:08:11,390 --> 00:08:09,000

process for everyone involved the

192

00:08:15,060 --> 00:08:11,400

hypothesize deceased person the medium

193

00:08:18,300 --> 00:08:15,070

the sitter and the experimenter if we're

194

00:08:19,740 --> 00:08:18,310

being selfish and I like to say you

195

00:08:20,550 --> 00:08:19,750

can't fit a football on a basketball

196

00:08:22,170 --> 00:08:20,560

court

197

00:08:24,120 --> 00:08:22,180

using baseball players and the rules for

198

00:08:26,340 --> 00:08:24,130

hockey and then say you've disproven the

199

00:08:28,380 --> 00:08:26,350

existence of football you have to study

200

00:08:29,880 --> 00:08:28,390

football on a football field with

201
00:08:32,029 --> 00:08:29,890
trained football players and the rules

202
00:08:34,650 --> 00:08:32,039
for football and so as we design

203
00:08:36,570 --> 00:08:34,660
experiments at wind bridge you know we

204
00:08:38,760 --> 00:08:36,580
what have we put the museum underwater

205
00:08:41,070 --> 00:08:38,770
okay that's not football anymore that

206
00:08:44,130 --> 00:08:41,080
never happens in a normal mediumship

207
00:08:46,320 --> 00:08:44,140
reading so we have to stick with what

208
00:08:47,490 --> 00:08:46,330
happens in nature in the mediumship

209
00:08:50,160 --> 00:08:47,500
reading or you're not studying

210
00:08:52,410 --> 00:08:50,170
mediumship anymore and the second factor

211
00:08:55,800 --> 00:08:52,420
our maximum experimental controls you

212
00:08:59,010 --> 00:08:55,810
have to eliminate any other explanation

213
00:09:01,620 --> 00:08:59,020

for what further for any positive

214

00:09:03,750 --> 00:09:01,630

results so the way that we do that we

215

00:09:07,470 --> 00:09:03,760

use these these six different methods

216

00:09:10,350 --> 00:09:07,480

the screening of the subjects mediums

217

00:09:13,020 --> 00:09:10,360

and sitters pairing of research readings

218

00:09:16,170 --> 00:09:13,030

pairing of the deceased a specific

219

00:09:18,060 --> 00:09:16,180

reading format or sorry protocol the

220

00:09:19,710 --> 00:09:18,070

formatting of the reading after the

221

00:09:22,260 --> 00:09:19,720

medium gives the reading and then the

222

00:09:23,940 --> 00:09:22,270

raters scoring of the reading and then

223

00:09:25,680 --> 00:09:23,950

the blinding that takes place in all

224

00:09:28,290 --> 00:09:25,690

that I'm gonna talk a little bit about

225

00:09:29,850 --> 00:09:28,300

those today but you can find them in a

226

00:09:33,030 --> 00:09:29,860

description of those methods in

227

00:09:35,220 --> 00:09:33,040

mind-numbing detail in this method from

228

00:09:37,290 --> 00:09:35,230

the journal parapsychology that came out

229

00:09:40,290 --> 00:09:37,300

last year and is available on our

230

00:09:42,750 --> 00:09:40,300

website so the first thing that I

231

00:09:46,500 --> 00:09:42,760

mentioned was screening so we screen our

232

00:09:49,210 --> 00:09:46,510

and certify our mediums before working

233

00:09:51,340 --> 00:09:49,220

with them in data collection and

234

00:09:53,320 --> 00:09:51,350

the end of the screening we call the

235

00:09:55,870 --> 00:09:53,330

wind bridge certified research mediums

236

00:09:58,960 --> 00:09:55,880

and you know around the lab we say well